

# Bella Rosa

salon & spa, LLC

Aromatherapy ~ Tanning ~ Manicures ~ Pedicures ~ Up-do's  
Complete Hair Care Services ~ Permanent & Makeup Applications  
Skin Care ~ Body Wraps ~ Body Waxing ~ Massage Therapy  
Spa Services ~ Bridal Packages ~ Couples Packages



Back Row (left to right): Nancy Van Heel, Dawn Scepaniak, April Peters, Stephany Kuklok, Sue Stolt  
Front Row: Haley Hendrickson, Mary Tate Staples, Darlene Theel  
Not Pictured: Jane Reckow

Writing by Chris Detloff, St. Cloud Times

A trip to the salon or spa should never be routine. Every visit should be a combination of professional service, fresh concepts and the latest in hair and body care.

At Bella Rosa Salon & Spa, LLC, customers have come to expect only the best. An avid traveler herself, owner Mary Tate Staples has visited salons and spas throughout the world, bringing back cutting edge ideas and products designed to satisfy the needs of every level of customer.

"Anything you put onto the skin is going to be absorbed into the body," Staples says, referencing Kevin Trudeau's book, *Natural Cures They Don't Want You to Know About*. "At our salon, we realize this and we always look to use products that are pure, safe and beneficial. The BioElements and Arbonne products we use are botanically based and meet this criteria."

BioElements products have won the most prestigious award in the skin-care industry. They've been named the Best Facial Line in multiple double-blind surveys by industry-leading magazine *Skin Inc.* for the past two years straight. Arbonne International has consistently scored in the safest ranges at [www.cosmeticdatabase.com](http://www.cosmeticdatabase.com), Environmental Working Group's SKIN DEEP Cosmetic Safety Database. Of the 52 Arbonne products measured, the average score is 3.91 (with 0 being the safest possible product available, and 10 being the most toxic product on the market). Arbonne's Clear Advantage Acne Treatment scores a perfect 0, along with the Refining Toner. Of the 37 BioElements products measured, the median safety score is even lower: 2.81, with perfect zeroes going to BioElements Calm Down Booster, Post-Shave Serum, Cleanser for Sensitive Skin, and Urban Detox Eye Cream. Neither BioElements or Arbonne International produce ANY products ranked in the 'High Hazard' category. (Nearly 82 Million searches have been done on this website since 2004). "Do you know what's in your skin-care product?"

"We, as consumers, are learning how to read labels on the food we eat. It's only a natural progression that we would start reading labels on the products that we are putting on our skin, given that the skin is

the body's largest organ," she says. "Bella Rosa does everything we can to replace medicinal/chemical products with safe, botanical products that are just as effective, if not more so."

In addition to quality products, Staples believes in quality staff. Always friendly and never pretentious, the professionals at Bella Rosa Salon & Spa are trained to bring out the best in every client.

With a recent update to the facility, Bella Rosa Salon & Spa now offers the newest technology in tanning along with Surround-sound stereo systems with iPod docking stations. The recent update also means more room for larger groups of clients, such as bridal parties and groups of friends looking to relax together.

Whether it's just one client or a whole group, Bella Rosa Salon & Spa is able to offer the best in the business, including:

**Massage** — Certified Massage Therapists are able to offer professional massages ranging from shiatsu and acupressure to Swedish and Native Hot Stone therapy

**Make-up** — Salon Manager Sue Stolt has more than 15 years of experience in the salon industry and is a professional with Permanent Make-Up and lash extensions. The salon also offers make-up consultations, services, and applications.

**Body wraps** — Bella Rosa Salon & Spa uses Bioelements products to release toxins, target cellulite and assist with weight loss and skin tone.

**Tanning** — Wolff™ Tanning Systems with triple facial bronzers help fight signs of aging and accelerate tans up to four times as fast as a natural sunlight. Tanning packages are available to meet even the most difficult of schedules

Updo's and other hairstyles for special occasions

Convenient hours and six-day-per-week service top it all off, making Bella Rosa the number one salon and spa destination in Central Minnesota.

Located in the heart of Cold Spring at 312 1st Street North, Mary and her staff are ready to fulfill your every hair and body care need. Start with a simple phone call to 320-685-8341, where Mary and/or a member of her staff will be available with a friendly answer to any question. Or visit Bella Rosa Salon & Spa's website at [www.bellarosasalondspa.com](http://www.bellarosasalondspa.com). Spa packages make a wonderful Holiday gift, as do gift cards. Click on "Services" for a complete listing of the services that Bella Rosa Salon & Spa offers.

"Our goal is to do more than hair, skin and body care. We offer people an escape from their everyday lives."



at **Bella Rosa**  
be  
*Beautiful*

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